

# SMART EATING SIDES

<b>WHOLE WHEAT SPAGHETTI</b> <i>Served in our homemade red sauce</i>	9.95
<b>ARTICHOKES &amp; CHERRY TOMATOES</b> <i>Sautéed in fresh garlic &amp; olive oil and topped with feta cheese</i>	6.95
<b>ASPARAGUS &amp; SUN-DRIED TOMATOES</b> <i>Prepared in our creamy rosa sauce</i>	7.45
<b>SAUTÉED SPINACH OR BROCCOLI</b> <i>Prepared in fresh garlic &amp; olive oil</i>	6.95
<b>STEAMED BROCCOLI OR ASPARAGUS</b>	5.95

# SMART EATING PIZZA

ALL SMART EATING PIZZAS ARE MADE WITH OUR 100% WHOLE WHEAT PIZZA DOUGH  
SOY CHEESE ~ 2.00 FOR PERSONAL PIZZA ~ 3.00 ALL OTHER SIZES

**PERSONAL**  
10" ~ 8 slices  
9.95

**SMALL**  
14" ~ 8 slices  
12.95

**LARGE**  
16" ~ 8 slices  
13.95

# CREATE YOUR OWN SMART EATING PIZZA

SELECT FROM THE TOPPINGS BELOW AND WE WILL MAKE YOUR 100% WHOLE WHEAT PIZZA  
SOY CHEESE ~ 2.00 FOR PERSONAL PIZZA ~ 3.00 ALL OTHER SIZES

## STANDARD TOPPINGS

PERSONAL PIZZA  
1.95

ALL OTHER PIZZAS  
2.45

### CHEESE

LEAN & TRIM MOZZARELLA

### VEGETABLE

ARTICHOKES ♦ ASPARAGUS

BLACK OLIVES ♦ BROCCOLI ♦ CAPERS

GARLIC ♦ MUSHROOMS ♦ ONIONS ♦ PEPPERS

PINEAPPLE ♦ ROASTED PEPPERS ♦ SPINACH

SUN-DRIED TOMATOES ♦ TOMATOES ♦ ZUCCHINI

### SEAFOOD

ANCHOVIES ♦ MUSSELS

### GOURMET SAUCE

BARBECUE SAUCE ♦ CREAMY ROSA ♦ VODKA SAUCE

## DELUXE TOPPINGS

PERSONAL PIZZA  
2.95

ALL OTHER PIZZAS  
3.95

### MEAT

GRILLED CHICKEN ♦ STEAK

### CHEESE

FETA ♦ FRESH MOZZARELLA

### VEGETABLE

BRUSCHETTA ♦ EGGPLANT

### SEAFOOD

FRESH CALAMARI ♦ CLAMS ♦ SHRIMP

### GOURMET SAUCE

GORGONZOLA BLEU CHEESE ♦ PESTO ♦ SCAMPI

AN 18% GRATUITY MAY BE INCLUDED FOR PARTIES OF 6 OR MORE.



# GOURMET SMART EATING PIZZAS



ALL SMART EATING PIZZAS ARE MADE WITH OUR 100% WHOLE WHEAT PIZZA CRUST

SOY CHEESE ~ 2.00 FOR PERSONAL PIZZA ~ 3.00 ALL OTHER SIZES

## SPECIALTY PIZZAS

	PERSONAL	SMALL	LARGE
<b>TRADITIONAL-STYLE WHOLE WHEAT PIZZA</b>	9.95	12.95	13.95
<b>LEAN &amp; TRIM PIZZA</b>	11.95	14.95	15.95
<i>Our whole wheat pizza made with homemade red sauce &amp; low fat mozzarella cheese</i>			
<b>SEAFOOD COMBO</b>	18.95	22.95	24.95
<i>Littleneck clams, shrimp, mussels &amp; a touch of garlic</i>			
<b>SMART EATING SAMPLER</b>		<b>LARGE</b>	23.95
<i>¼ ~ Eggplant, spinach &amp; fresh garlic</i>			
<i>¼ ~ Grilled chicken &amp; roasted peppers</i>			
<i>¼ ~ Artichokes &amp; sun-dried tomatoes</i>			
<i>¼ ~ Grilled chicken, a touch of our red sauce &amp; pesto</i>			

## GRILLED CHICKEN PIZZAS

<b>SORRENTO</b>	16.95	20.95	22.95
<i>Grilled chicken, sun-dried tomatoes, a touch of our red sauce, mozzarella cheese &amp; pesto</i>			
<b>CACCIATORE</b>	16.95	20.95	22.95
<i>Grilled chicken, fresh mushrooms, sweet bell peppers &amp; onions</i>			
<b>CHICKEN PARMIGIANA</b>	15.95	19.95	21.95
<i>Grilled chicken, fresh garlic &amp; parsley</i>			
<b>BBQ CHICKEN</b>	15.95	19.95	21.95
<i>Grilled chicken, barbecue sauce &amp; mozzarella cheese</i>			
<b>BUFFALO CHICKEN</b>	15.95	19.95	21.95
<i>Grilled chicken &amp; Buffalo sauce topped with ranch dressing &amp; mozzarella cheese</i>			
<b>CHICKEN, ROASTED PEPPERS &amp; BROCCOLI</b>	16.95	20.95	22.95

## VEGETABLE PIZZAS

<b>FRESH MOZZARELLA, TOMATOES &amp; BASIL</b>	15.95	19.95	21.95
<i>Accented with a touch of fresh garlic</i>			
<b>VEGETABLE COMBO</b>	16.95	20.95	22.95
<i>Broccoli, black olives, spinach, onions, sweet bell peppers &amp; mushrooms</i>			
<b>DELLA NONNA</b>	14.95	18.95	20.95
<i>Sun-dried tomatoes &amp; artichokes</i>			
<b>FETA &amp; CAPERS</b>	14.95	18.95	20.95
<i>Feta cheese, mozzarella cheese, our homemade red sauce, capers &amp; fresh basil</i>			
<b>EGGPLANT PISA</b>	16.95	20.95	22.95
<i>Gorgonzola bleu cheese sauce, eggplant, mushrooms, spinach, artichokes &amp; roasted peppers drizzled with balsamic vinegar and topped with mozzarella cheese. Made without red sauce</i>			
<b>TWO-TOMATO VERDE</b>	15.95	19.95	21.95
<i>Our classic pesto sauce topped with a touch of red sauce, sun-dried tomatoes, fresh tomatoes and mozzarella cheese</i>			
<b>EGGPLANT DI SERA</b>	16.95	20.95	22.95
<i>Marinated eggplant, sautéed zucchini, black olives &amp; bruschetta</i>			
<b>PRIMAVERA</b>	15.95	19.95	21.95
<i>Broccoli, spinach, tomatoes &amp; a touch of fresh garlic</i>			