

# SMART EATING ENTRÉES

## VEGETARIAN ENTRÉES

<b>VEGGIE MELT</b>	9.45
<i>Grilled mushrooms, black olives, bell peppers, onions &amp; tomatoes served on a bed of baby greens topped with melted mozzarella cheese</i>	
<b>EGGPLANT, ROASTED PEPPERS, FRESH MOZZARELLA</b>	9.45
<i>Served with balsamic vinaigrette</i>	
<b>EGGPLANT, SPINACH &amp; GARLIC</b>	9.45
<i>Served with melted mozzarella cheese &amp; a touch of our homemade red sauce</i>	
<b>TUNA MELT</b>	9.45
<i>Freshly prepared tuna salad served with lettuce, tomatoes &amp; melted American cheese over baby greens</i>	
<b>FRESH MOZZARELLA &amp; ROASTED PEPPERS</b>	9.45
<i>Prepared with fresh tomatoes, sun-dried tomatoes &amp; fresh garlic on a bed of baby greens</i>	

## GRILLED CHICKEN & STEAK ENTRÉES

<b>CHICKEN FETA</b>	9.45
<i>Grilled chicken, feta, melted provolone, red onions &amp; black olives served over baby greens with balsamic vinegar</i>	
<b>CALIFORNIA CHICKEN</b>	9.45
<i>Grilled chicken, tomatoes &amp; melted mozzarella served over baby greens with a side of mayonnaise</i>	
<b>PROCIDA</b>	9.45
<i>Grilled chicken, ham, tomatoes and Swiss cheese served over baby greens with a side of honey-mustard dressing</i>	
<b>PIAZZA</b>	9.45
<i>Grilled chicken, bruschetta, pignoli nuts &amp; melted mozzarella cheese over baby greens with balsamic vinaigrette</i>	
<b>SORRENTO</b>	9.45
<i>Grilled chicken, sun-dried tomatoes, fresh mozzarella &amp; pesto over baby greens</i>	
<b>CAPRI</b>	9.45
<i>Grilled chicken, roasted peppers &amp; fresh mozzarella served over baby greens with a side of balsamic vinegar</i>	
<b>CHEESE STEAK COMBO</b>	9.45
<i>Prepared with sautéed onions, sweet bell peppers, mushrooms American cheese &amp; homemade red sauce</i>	

## SEAFOOD ENTRÉES

<b>RUSTIC ATLANTIC SALMON</b>	19.95
<i>Served over rice in our rustic piccata sauce with grape tomatoes, mushrooms, onions, capers &amp; fresh basil and served with asparagus sautéed in garlic &amp; olive oil</i>	
<b>PARMESAN-HERB TILAPIA</b>	19.95
<i>Served over rice and topped with bruschetta &amp; chilled fresh mozzarella then drizzled with our balsamic reduction and served with grilled zucchini</i>	
<b>LEMON-PEPPER FLOUNDER</b>	19.95
<i>Served over rice in our creamy Dijon sauce with sautéed spinach</i>	